



**DEFENCE SERVICES OFFICERS' INSTITUTE
PALAM VIHAR, GURGAON**

SWIMMING POOL APPLICATION

(To be accompanied with One Passport Size Photograph)

Please paste
the passport photo
here.
Do not staple.

1. Name in full (Block Letters) : _____
2. Rank : _____
3. Age : _____
4. Residential Address : _____
: _____
- Tel (Mob) _____ (R) _____

S.No.	Name	Relation	Age	Swimmer / Non Swimmer
(a)				
(b)				
(c)				
(d)				

5. I have received a copy of the rules and I here by give the following undertaking:
(a) In case of any accident which may involve my dependents or me, shall not hold DSOI Gurgaon responsible for it.
(b) I shall abide by all the rules and regulation of DSOI Gurgaon.
6. I understand that the Swimming Pool charges shall continue till such time I return the card to I/C Swimming Pool, irrespective of usage of the pool by my family.
7. I undertake the responsibility that my dependents who are non swimmers will not enter the pool unescorted.

Date : _____

(Signature of Applicant)

FOR OFFICE USE ONLY

Membership Accepted / Not Accepted : _____

Pass Number Allotted : _____

**(Secretary)
DSOI Gurgaon**



DSOI GURGAON **RULES FOR** **USING SWIMMING POOL**

GENERAL

- 1 Entry to the complex will be allowed only with a valid membership card.
- 2 Members must enter their details in the register, before entering the Swimming Pool.
- 3 Proper swimming costume is a must for using swimming pool facilities.
- 4 Smoking / Use of alcohol is strictly prohibited.
- 5 Kindly avoid keeping valuable items like mobile, watch, wallet etc. in change room. Administration will not be responsible for any loss.
- 6 Entry to the pool is strictly according to the given timings.
- 7 Charges for using swimming pool is Rs. 200.00 p.m. per head.
- 8 The staff is authorized to demand the membership card for verification at any point of the time.

SANITATION AND HYGIENE

1. Do not apply lotion/cream on the body before entering the pool.
2. Taking shower before entering the pool is mandatory. It is also advisable to take a bath with soap after leaving the pool.
3. Please use the foot-bath placed on the deck before entering the pool for your convenience.
4. In case of long hair, please put on a swimming cap before entering the pool.
5. No eatables shall be allowed inside the pool.

SAFETY

- 1 The beginner at the pool, must wear a red cap.
- 2 Use pool ladder to enter or to exit the pool to avoid any injury.
- 3 Do not attempt "head first" dive unless you are being supervised by your coach.
- 4 Pool is only for swimming. Any other fun play in and around the pool should be avoided. It only disturbs others but can also jeopardize your right of entry.
- 5 Abstain from entering the pool if you have ailments like asthma, epilepsy, cardiac complications etc.
- 6 Instructions of Coach/ Life Guard are binding on all the members.
- 7 Shout for help immediately, in case of a cramp or any other physical disorder while swimming.
- 8 Do not enter the pool after consuming alcohol or any other intoxicating material.

DECLARATION

I have read the rules and instructions outlined above. I agree to abide by them. I understand that violation of complex rules can result in termination of membership.

Date : _____

(Signature of Applicant)